



# DESOTO SOCCER ASSOCIATION MODIFIED PLAYING RULES

| Age group  | Ball size | Players on the field | Players to start | Length of game       | Goal keeper | Offsides | Free Kicks         | Heading Allowed | Max Roster size | Substitution  |
|------------|-----------|----------------------|------------------|----------------------|-------------|----------|--------------------|-----------------|-----------------|---|
| U4         | 3         | 4 v 4                | 3                | 4 x 8 min. Quarters  | No          | No       | Indirect           | No              | 8               | End of each quarter, player injury                                    |
| U5<br>U6   | 3         | 4 v 4                | 3                | 4 x 8 min. Quarters  | No          | No       | Indirect           | No              | 8               | End of each quarter, player injury                                    |
| U7<br>U8   | 3         | 5 v 5                | 3                | 2 x 20 min. Halves   | Yes         | No       | Indirect           | No              | 8               | Goal kick, after goal, player injury, own throw-in                    |
| U9<br>U10  | 4         | 7 v 7                | 5                | 2 x 25 min. Quarters | Yes         | Yes      | Indirect<br>Direct | No              | 12              | Goal kick, after goal, player injury, own throw-in                    |
| U11<br>U12 | 4         | 9 v 9                | 7                | 2 x 30 min. Quarters | Yes         | Yes      | Indirect<br>Direct | No              | 16              | Goal kick, after goal, player injury, after card issued, own throw-in |
| U13<br>U14 | 5         | 11 v 11              | 7                | 2 x 35 min. Quarters | Yes         | Yes      | Indirect<br>Direct | Yes             | 18              | Goal kick, after goal, player injury, after card issued, own throw-in |
| U15<br>U16 | 5         | 11 v 11              | 7                | 2 x 40 min. Quarters | Yes         | Yes      | Indirect<br>Direct | Yes             | 22              | Goal kick, after goal, player injury, after card issued, own throw-in |

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| <p><b>Direct Free Kick</b><br/>Charges, jump at, kick, or attempts to kick, push, strike, tackles, trips, handball, hold an opponent, impede an opponent, bite, or spit</p> | <p><b>Indirect free kick</b><br/>Dangerous play (high kicks), foul language, verbal offenses prevent the goalkeeper from releasing the ball, passing back to the goal, and the goalie picks up the ball</p> | <p><b>Handballs</b><br/>Handling the ball involves a deliberate act of a player making contact with the ball with the hands or arms.</p> |
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- **U4-U6 indirect free kick only, second chance on kick-ins**
- **U7-U8 throw-ins only, second chance on thrown-ins**
- **U9-U10 build out line; see rules on DeSoto's website**
- **No punting for U7-U10**
- **No slide tackle for U4-U8**
- **No heading for U4-U12**