



## DESOTO SOCCER ASSOCIATION MODIFIED PLAYING RULES

| Age group  | Ball size | Players on the field | Players to start | Length of game       | Goal keeper | Off sides             | Free Kicks         | Heading Allowed | Max Roster size | Substitution  |
|------------|-----------|----------------------|------------------|----------------------|-------------|-----------------------|--------------------|-----------------|-----------------|---|
| U4         | 3         | 4 v 4                | 3                | 4 x 8 min. Quarters  | No          | No                    | Indirect           | No              | 8               | End of each quarter, player injury                                    |
| U5<br>U6   | 3         | 4 v 4                | 3                | 4 x 8 min. Quarters  | No          | No                    | Indirect           | No              | 8               | End of each quarter, player injury                                    |
| U7<br>U8   | 3         | 4 v 4                | 3                | 4 x 10 min. Quarters | No          | No                    | Indirect           | No              | 8               | Goal kick, after goal, player injury, own throw-in                    |
| U9<br>U10  | 4         | 7 v 7                | 5                | 2 x 25 min. Quarters | Yes         | Yes<br>Build out line | Indirect<br>Direct | No              | 12              | Goal kick, after goal, player injury, own throw-in                    |
| U11<br>U12 | 4         | 9 v 9                | 7                | 2 x 30 min. Quarters | Yes         | Yes                   | Indirect<br>Direct | No              | 16              | Goal kick, after goal, player injury, after card issued, own throw-in |
| U13<br>U14 | 5         | 11 v 11              | 7                | 2 x 35 min. Quarters | Yes         | Yes                   | Indirect<br>Direct | Yes             | 18              | Goal kick, after goal, player injury, after card issued, own throw-in |
| U15<br>U16 | 5         | 11 v 11              | 7                | 2 x 40 min. Quarters | Yes         | Yes                   | Indirect<br>Direct | Yes             | 22              | Goal kick, after goal, player injury, after card issued, own throw-in |

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| <p><b>Direct Free Kick</b><br/>Charges, jumps at, kicks or attempts to kick, pushes, strikes tackles or trips, hand ball, holds opponent impedes and opponent with contact, bite or spits</p> | <p><b>Indirect free kick</b><br/>Dangerous play (high kicks), bad language, verbal offenses, prevents the goalkeeper from releasing the ball, pass back to goal and goalie picks ball up</p> | <p><b>Handballs</b><br/>Handling the ball involves a deliberate act of a player making contact with the ball with the hands or arms.</p> |
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- U4-U6 direct free kick only, second chance on kick ins
- U7-U8 throw ins only, second chance on thrown ins
- For U9/U10 only: A build out line (a line approx. 21ft from the goal line, spanning the width of the field) will be use. US Youth Soccer designed and mandated the built out line to promote playing the ball out of the back in an unpressured setting. When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line. At any time, the goalkeeper may pass, throw or roll the ball to a teammate, but the goalkeeper does so accepting the positioning of the opponents and the consequences of how play resumes. Punts or drop kicks are not allow as this would defeat the purpose of the build out line and reduces the opportunity to play out of the defending third in an unpressured setting. After the ball is in play, the opposing team can then cross the build out line and play resumes as normal.