



## DESOTO SOCCER ASSOCIATION MODIFIED PLAYING RULES

Age group	Ball size	Players on the field	Players to start	Length of game	Goal keeper	Off sides	Free Kicks	Heading Allowed	Max Roster size	Substitution
U4	3	4 v 4	3	4 x 8 min. Quarters	No	No	Indirect	No	8	End of each quarter, player injury
U5 U6	3	4 v 4	3	4 x 8 min. Quarters	No	No	Indirect	No	8	End of each quarter, player injury
U7 U8	3	4 v 4	3	4 x 10 min. Quarters	No	No	Indirect	No	8	Goal kick, after goal, player injury, own throw-in
U9 U10	4	7 v 7	5	2 x 25 min. Quarters	Yes	Yes Build out line	Indirect Direct	No	12	Goal kick, after goal, player injury, own throw-in
U11 U12	4	9 v 9	7	2 x 30 min. Quarters	Yes	Yes	Indirect Direct	No	16	Goal kick, after goal, player injury, after card issued, own throw-in
U13 U14	5	11 v 11	7	2 x 35 min. Quarters	Yes	Yes	Indirect Direct	Yes	18	Goal kick, after goal, player injury, after card issued, own throw-in
U15 U16	5	11 v 11	7	2 x 40 min. Quarters	Yes	Yes	Indirect Direct	Yes	22	Goal kick, after goal, player injury, after card issued, own throw-in

<p><b>Direct Free Kick</b> Charges, jumps at, kicks or attempts to kick, pushes, strikes tackles or trips, hand ball, holds opponent impedes and opponent with contact, bite or spits</p>	<p><b>Indirect free kick</b> Dangerous play (high kicks), bad language, verbal offenses, prevents the goalkeeper from releasing the ball, pass back to goal and goalie picks ball up</p>	<p><b>Handballs</b> Handling the ball involves a deliberate act of a player making contact with the ball with the hands or arms.</p>
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- U4-U6 indirect free kick only, second chance on kick ins
- U7-U8 throw ins only, second chance on thrown ins
- For U9/U10 only: A build out line (a line approx. 21ft from the goal line, spanning the width of the field) will be use. US Youth Soccer designed and mandated the built out line to promote playing the ball out of the back in an unpressured setting. When the goalkeeper has the ball, either during play or from a goal kick, the opposing team must move behind the build out line. At any time, the goalkeeper may pass, throw or roll the ball to a teammate, but the goalkeeper does so accepting the positioning of the opponents and the consequences of how play resumes. Punts or drop kicks are not allow as this would defeat the purpose of the build out line and reduces the opportunity to play out of the defending third in an unpressured setting. After the ball is in play, the opposing team can then cross the build out line and play resumes as normal.